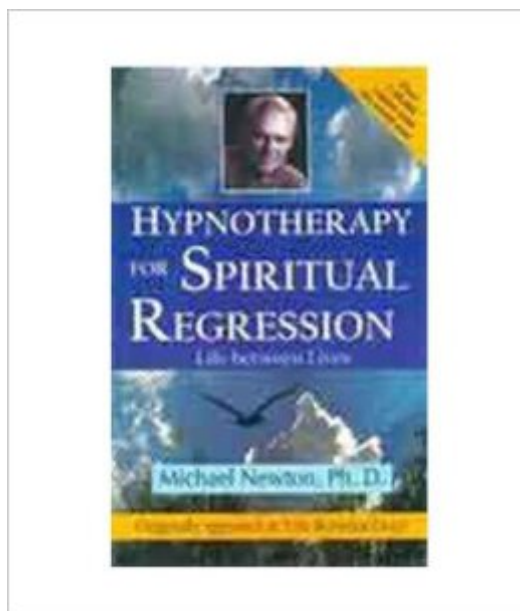


The book was found

# Hypnotherapy For Spiritual Regression: Life Between Lives



## Synopsis

For the last few years, more and more people are eager to discover their own afterlife adventures, their soul companions and guides, and their purposes in this lifetime. This book represents over three decades of Dr. Newton's personal research and the development of clinical hypnosis techniques helping clients access their soul memories about the afterlife. Chronicling in detail the methods he has developed in over three decades of spiritual regression practice, it sheds light on the age-old questions of who we are, where we came from, and why we are here. The means of achieving a superconscious trance state to recall one's immortal existence is a key element of the book.

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (113 customer reviews)

Best Sellers Rank: #2,237,630 in Books (See Top 100 in Books) #226 in [Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy](#) #408272 in [Books > Religion & Spirituality](#)

## Customer Reviews

There is no disputing Michael Newton's expertise in the area of spiritual regression. All of his books have proved to be invaluable additions to the growing body of literature on the subject--this book among the rest. I do, however, think some caveats regarding Life Between Lives are in order. First of all, this book is not aimed at the general reader. Although it promises "new case material," there are only about four or five pages of new material. As stated in the Introduction, it is specifically intended for "experienced hypnotherapy professionals"--and, I might add, not just any experienced hypnotherapy professional, but particularly those familiar with past-life regression and possessed of a firm grasp of spirituality. What experienced hypnotherapists might expect from a book written expressly for them is more specific guidance on how to navigate through the Life Between Lives (LBL) realm. It does provide guidance--the text is a remarkable outline of the different stations on the journey through the afterlife--but that guidance is often very sketchy. Do not expect to find a

database of scripts providing detailed instructions on what to say to a client during a spiritual regression. Even a transcript of a complete series of sessions would be remarkably helpful in painting a picture of how LBL regressions should work. The book is more of a flow chart of possible pathways through the LBL realm, containing many good questions to help therapy clients expand their awareness of the afterlife and explore it thoroughly, but nevertheless leaving the reader with a vague sense of what a complete session should look like.

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